ABOUT ME

Designer + Yoga Teacher

Dedicated Yoga Teacher and Landscape Designer looking to support my peers. Always Learning.

YOGA

Yoga Teacher, RYT 500, YACEP

Movement Gyms // August 21 - December 23
Midtown Athletic Club // April 21 - July 23
BIAN Wellness // August 21 - April 23
The Lab Yoga Chicago // Jan 2019 - April 23
Chi Yoga Shack // April 2021-April 23
First Ascent // October 2019 - December 22
Equinox Chicago // May 2019 - April 21
Lifestart // July 2019-April 2020
Wheelhouse SF // December 2017-August 2018
Giggling Lotus Yoga SF // April 2016 - June 2017
Ball State Group Fitness // July 2010 - May 2013

LANDSCAPE ARCHITECTURE

[place] Pakshong Landscape & Architects

Los Angeles (remote)
Designer, part time
November 2021-present

Omni Ecosystems / Omni Workshop

Chicago, IL
Designer
August 2018- May 2019
The Wild Mile, 800 West Fulton Market

San Francisco Public Works

San Francisco, CA Design Consultant May 2017 - August 2018 Better Market Street, Japantown Peace Plaza

Merrill-Morris Partners

San Francisco, CA Designer August 2015 - May 2017 Presidio Parkway Redesign

Fletcher Studio

San Francisco, CA Designer, Production Support March 2014 - August 2015 South Park, 1201 Tennessee, Virginia Terrace

EDUCATION

Ball State University

Bachelor of Landscape Architecture Minors // Sustainability + Sustainable Land Systems Muncie, IN 2008-2013

CERTIFICATIONS

Awakening Yoga Academy

50-Hour Advanced Asana Training // 2022

Jason Crandell School of Yoga

300-Hour Teacher Training // 2019

Yoga Tree San Francisco

100-hour Therapeutic Yoga Training // 2017

Giggling Lotus Yoga

200-Hour Teacher Training // 2016 50-Hour Yin Teacher Training // 2016

ADDITIONAL EXPERIENCE

Yoga Programs Manager, Wrigleyville

Movement Gyms // April 23 - December 23

Iululemon athletica - Chicago, Bucktown

Educator

July 2019 - November 2021

The Permaculture Institute

Portland, OR

Certified Permaculture Designer // 2012

City Repair Project

Portland, OR

Certified Permaculture Designer // 2012

La'akea Community

Pahoa, HI

Summer 2011 Permaculture Internship

REFERENCES

Chris Gilmore - The Lab Yoga Studio Owner chrisgilmoreyoga@gmail.com

Rich Gonshak - Chi Yoga Shack Studio Owner info@chiyogashack.com